



# CAMP LENOX

## Packing list

# 2025



### REQUIRED EQUIPMENT - FOR ALL CAMPERS

- 1 Set of Shin Guards with Tall Socks
- 1 Mouthguard
- 1 Baseball/Softball Glove (required)
- 1 Tennis Racquet (required)

### REQUIRED LENOX GEAR - ALL CAMPERS

- 2 Grey Ts with logo (for Boys) "Lightweight Cotton Tee"
- 2 White Ts with logo (for Girls) "Lightweight Cotton Tee"
- 1 Orange T (logo optional)
- 1 Black T (logo optional)
- 2 Athletic Shorts with logo
- 2 Reversible Mesh Tank Tops with logo
- 1 Sweatshirt with logo

### OUTERWEAR

- 1 Warm Jacket/Fleece
- 1 Rain Jacket
- 1 Lightweight Jacket/Vest

### ADDITIONAL APPAREL

- 10 T-Shirts or Polos (2 long sleeved)
- 4 Sleeveless T-Shirts (Tanks)
- 8 Shorts
- 2 Sweatshirts (at least one hooded)
- 4 Sweatpants/Leggings
- 1 Hat
- 3 Jeans/Long Pants
- 1 Banquet night outfit for full and 2nd session campers ("camp formal" outfit for banquet)
- Plenty of Orange, Black, and other colors for spirit days!

### BATH

- 1 Bathrobe/Cover-Up/Towel Wrap
- 3 Wash Cloths
- 1 Shower Caddy or Tote
- Body Wash
- Do NOT send towels! Camp Lenox PROVIDES bath and swim towels.

### SLEEPWEAR

- 3 Set of Warm Sleepwear
- 3 Sets of Light Sleepwear

### SOCKS & SHOES

- 20 Pairs of Athletic Socks
- 3 Pairs of Sneakers
- 1 Pair of Athletic Cleats
- 1 Pair of Sandals/Crocs/Flip Flops
- 1 Shower Shoes
- 1 Waterproof Boots or Shoes

### UNDERWEAR & SWIMWEAR

- 20 Pairs of Underwear
- Girls only: 7 Bras (3 sports, 4 regular)
- 5 Swimsuits (girls: at least 2 one-piece)
- Swim Goggles

### BEDDING & LAUNDRY

- 2 Cot/Twin Sheet Sets (including pillow cases)
- 3 Blankets/Comforters
- 1 Pillow
- 1 Mattress Topper (will not be stored or returned)
- 1 Shoe Bag
- 1 Laundry Bag (Camp Lenox supplies the 2nd)

### CAMPING & OUTDOORS

- 1 Sleeping Bag (for outdoor camping)
- 1 Camp Chair
- Insect Repellent

### BAGS

- 2 SOFT Trunks with Name (44" Recommended)
- 1 Sports Bag or Tote for trips (grades entering 7-11)
- 1 Drawstring Bag

### ESSENTIALS & FUN STUFF

- 1 Flashlight and Extra Batteries
- 1 Water Bottle
- 1 Fan
- Stationery, Postcards, & Stamps (some pre-addressed for younger campers)
- Books and Non-Electronic Games



# EQUIPMENT & UNIFORMS FOR COMPETITIVE INTERCAMP PROGRAMS



Take a look at each sport listed below and pack only the equipment and official uniforms for activities your child wants to play competitively at camp. There's no need to bring gear for every sport if your child does not intend to play competitively against other camps. Pack what you believe best matches your child's interests.

## BASKETBALL

- Basketball Jersey with logo

## TENNIS

- Tennis Shirt with logo + White Tennis Short with logo

## SOCCER

- Soccer Jersey with logo
- 4 Soccer Socks (white, orange, or black)

## BASEBALL/SOFTBALL

- 1 Pair Baseball Pants (boys)
- 2 Athletic Supporters with cup (boys)

## LACROSSE

- 1 Lacrosse Jersey with logo
- 1 Lacrosse helmet with face shield (boys)
- 1 Lacrosse Goggles (girls)
- 1 Pair Lacrosse Gloves
- 1 Lacrosse Stick
- 1 Mesh Bag with Campers Name

## GYMNASTICS/DANCE

- 1 Leotard (logo optional)
- 1 Jazz Pant and Dance Shoes

## GOLF

- Clubs
- Balls & Tees (at least 48 each)
- Glove & Hat
- Shirt with collar
- Golf Shorts

## ROLLER HOCKEY/ROLLERBLADING

- 1 Pair of Rollerblades
- 1 Helmet with Face Shield
- 1 Knee/Shin Guard Unit
- 1 Set Elbow Pads
- 1 Hockey Stick (provided or bring from home)
- 1 Mesh Bag with Camper's Name
- 1 Hockey Jersey with logo (optional)

## DO NOT PACK:

- Cell phones, even if they are not connected to a carrier or Wi-Fi.
- Any electronic devices that can connect to the Internet, including computers, iPads, smartwatches and other tablets, eReaders, portable game systems, or other similar equipment
- Flammable materials (matches, fireworks, lighters, butane, incense, candles, etc.)
- Food items, including Mac & Cheese, Instant Ramen Noodles, Packaged Snacks, Candy, Bottled Water or Drinks
- Knives or weapons of any kind
- Non-registered medicines, supplements, or drugs
- Expensive cameras or other equipment
- Designer clothing or clothing that requires special care

As a general rule, anything valuable that a camper would be upset about being lost, broken, ruined, or stolen should not be brought to camp. Camp Lenox is not responsible for lost, stolen, or damaged property. Camp Lenox will NOT store any items during the off-season.

**PLEASE LABEL EVERY ITEM SENT WITH THE CAMPER'S FIRST AND LAST NAME.  
USE IRON-ON NAME LABELS AND EQUIPMENT STICKERS.**