

# WHAT WILL I NEED FOR CAMP LENOX 2024?

## LABELING

*All clothing and equipment must be labeled with the camper's full name.*

- \_\_\_ 100-200 Sew-on or Iron-on Name Tapes
- \_\_\_ 1-3 sheets Equipment Stickers

## REQUIRED LENOX UNIFORM

- \_\_\_ 2 Grey Ts with logo (for Boys)  
"Lightweight Cotton Tee"
- \_\_\_ 2 White Ts with logo (for Girls)  
"Lightweight Cotton Tee"
- \_\_\_ 1 Orange T (logo optional)
- \_\_\_ 1 Black T (logo optional)
- \_\_\_ 2 Athletic Shorts with logo
- \_\_\_ 2 Reversible Mesh Tank Top with logo
- \_\_\_ 1 Sweatshirt with logo

## LENOX ATHLETIC APPAREL

*If your camper intends to play on any tournament team, it is essential that the appropriate uniforms are purchased.*

- \_\_\_ 1 Soccer Jersey with logo
- \_\_\_ 1 Basketball Jersey with logo
- \_\_\_ 1 Baseball/Softball Jersey with logo
- \_\_\_ 1 Lacrosse Jersey with logo
- \_\_\_ 1 Hockey Jersey with logo
- \_\_\_ 1 Tennis Shirt with logo
- \_\_\_ 1 White Tennis Short with logo

## OUTERWEAR

- \_\_\_ 1 Warm Jacket/Fleece
- \_\_\_ 1 Rain Jacket
- \_\_\_ 1 Lightweight Jacket/Vest

## ADDITIONAL APPAREL

- \_\_\_ 10 T-Shirts or Polos (2 long sleeved)
  - \_\_\_ 4 Sleeveless T-Shirts (Tanks)
  - \_\_\_ 8 Shorts
  - \_\_\_ 4 Sweatshirts (at least one hooded)
  - \_\_\_ 4 Sweatpants/Leggings
  - \_\_\_ 1 Hat
  - \_\_\_ 3 Jeans/Long Pants
  - \_\_\_ 1 Banquet night outfit for full and 2nd session campers ("camp formal" outfit for banquet)
- Don't forget your Orange and Black!

## BATH

- \_\_\_ 1 Bathrobe/Cover-Up/Towel Wrap
- \_\_\_ 3 Wash Cloths
- \_\_\_ 1 Shower Caddy or Tote
- \_\_\_ Body Wash

*\*Please do not send towels. Camp Lenox PROVIDES both bath and swim towels.*

## SOCKS & SHOES

- \_\_\_ 20 Pairs of Athletic Socks
- \_\_\_ 3 Pairs of Sneakers
- \_\_\_ 1 Pair of Athletic Cleats
- \_\_\_ 1 Pair of Sandals/Crocs/Flip Flops
- \_\_\_ 1 Shower Shoes
- \_\_\_ 1 Waterproof Boots or Shoes

## UNDERWEAR & SWIMWEAR

- \_\_\_ 20 Pairs of Underwear
- \_\_\_ 7 Bras (girls: 3 sports, 4 regular)
- \_\_\_ 5 Swimsuits (girls: at least 2 one-piece)
- \_\_\_ Swim Goggles

## BUNKWEAR

- \_\_\_ 3 Set of Warm Sleepwear
- \_\_\_ 3 Sets of Light Sleepwear

## BEDDING & LAUNDRY

- \_\_\_ 2 Cot/Twin Sheet Sets (including pillow cases)
- \_\_\_ 2 Blanket/Comforter
- \_\_\_ 1 Pillow
- \_\_\_ 1 Mattress Pad and/or Egg Crate
- \_\_\_ Shoe Bag
- \_\_\_ 1 Laundry Bag (Camp Lenox supplies the 2nd)

## CAMPING & OUTDOORS

- \_\_\_ 1 Sleeping Bag (for outdoor camping)
- \_\_\_ 1 Camp Chair
- \_\_\_ Insect Repellent

## BAGS

- \_\_\_ 2 Soft Trunks with Name (44" Recommended)
- \_\_\_ 1 Sports Bag or Tote for trips (grades entering 7-11)
- \_\_\_ 1 Drawstring Bag

## REQUIRED SPORTS EQUIPMENT

- \_\_\_ 1 Shin Guards (required)
- \_\_\_ 1 Mouthguard (required)
- \_\_\_ 1 Baseball Glove (required)
- \_\_\_ 1 Tennis Racquet (required)

## SUGGESTED SPORTS EQUIPMENT

*The following items should be brought to camp so that your child can properly participate in each of the athletic programs we offer. Use your judgement based on your child's interests.*

*Soccer:*

- \_\_\_ 4 Soccer Socks (white, orange, or black)

*Baseball/Softball:*

- \_\_\_ 1 Pair Baseball Pants (boys)
- \_\_\_ 2 Athletic Supporters with cup (boys)

*Lacrosse:*

- \_\_\_ 1 Lacrosse helmet with face shield (boys)
- \_\_\_ 1 Lacrosse Goggles (girls)
- \_\_\_ 1 Pair Lacrosse Gloves
- \_\_\_ 1 Lacrosse Stick (provided, or can bring from home)
- \_\_\_ 1 Mesh Bag with Campers Name

*Gymnastics/Dance:*

- \_\_\_ 1 Leotard (logo optional)
- \_\_\_ 1 Jazz Pant and Dance Shoes

*Golf:*

- \_\_\_ Golf Clubs & Cover

*Roller Hockey/Rollerblading:*

- \_\_\_ 1 Pair of Rollerblades
- \_\_\_ 1 Helmet with Face Shield
- \_\_\_ 1 Knee/Shin Guard Unit
- \_\_\_ 1 Set Elbow Pads
- \_\_\_ 1 Hockey Stick (provided or can bring from home)
- \_\_\_ 1 Mesh Bag with Camper's Name
- \_\_\_ 1 Hockey Jersey with logo (optional)

## ESSENTIALS & FUN STUFF

- \_\_\_ 1 Flashlight and Extra Batteries
- \_\_\_ 1 Water Bottle
- \_\_\_ 1 Battery Operated Clip Fan
- \_\_\_ Stationery, Postcards, & Stamps (some pre-addressed for younger campers)
- \_\_\_ Books and Non-Electronic Games

## SUGGESTED PERSONAL ITEMS

- \_\_\_ 2 Toothbrushes/Toothpaste
- \_\_\_ 1 Hair Brush
- \_\_\_ 1 Shampoo
- \_\_\_ 1 Sunblock

*Do not bring expensive valuables to camp. Camp Lenox will not be responsible for lost or damaged items.*

*Soft trunks or duffles only—hard trunks and large suitcases cannot be accommodated.*

*Remember this is camp! Please do not send clothing that requires special care: only washable and dryable items!*